

# Tommy Tomato is on his way

A warm vegetable lunch  
helps me learn and grow!



Sign your  
child up now  
for a free  
trial lunch

[tommytomato.nl](http://tommytomato.nl)

# Fathers on a mission



Hi, we are Bas and Erik, both fathers of three children.

We know how hard it is to get kids to eat enough vegetables. That's why we founded **TommyTomato** in 2020.


What first started as a nifty vegetable moment at lunch quickly became a passionate mission.

Did you know that very few children in the Netherlands eat enough vegetables? Or that, more often than ever, children are going to school without a (nutritious) meal?

That's why TommyTomato delivers **hot lunches full of vegetables to primary schools**, as well as helping schools with fun lessons about nutrition and cooking lessons in the classroom.

**Our mission: to make all children vegetable eaters for life!**





I feel good, I'm full of energy, and can concentrate well.

And I've already eaten at least 60% of my daily portion of veggies!

## The benefits of a warm vegetable lunch:

- A strong and healthy body
- Enough energy for the whole day
- Better concentration and school performance

## We want this for every child

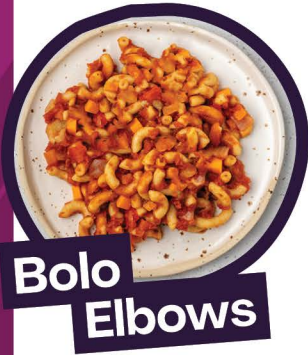
We think it's important for all children to be included. That's why we help parents who cannot (fully) pay for our lunches. You decide how much you can spare for the lunch, and we will supplement the rest with sponsorship funds- even if it's the full amount.



# Tommy's Biggest Hits

Our best-rated meals (by the kids)

100%  
vegetarian



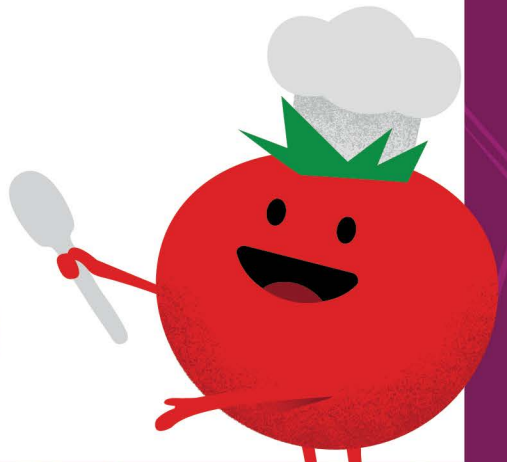
We will soon start delivering weekly warm vegetable lunches to your school. Your child can participate for € 3.35 (groups 1-4) or € 3.89 (groups 5-8) per lunch.

## Want to have a taste first?

Register your child for the trial lunch now using the QR code or by visiting [tommytomato.nl/aanmelden](https://tommytomato.nl/aanmelden). This is a free trial lunch, no string(beans) attached!



Scan and sign up  
for the free  
trial lunch!



TOMMY TOMATO